

# SANCA

SCHOOL OF ACROBATICS & NEW CIRCUS ARTS



206-652-4433

[WWW.SANCASEATTLE.ORG](http://WWW.SANCASEATTLE.ORG)

674 S. Orcas St. Seattle, WA 98108

## Embodiment

Step into the ring with a first-hand experience of circus arts.

- classes
- parties
- camps
- workshops
- intensives
- field trips
- team building events



## Empower

Experience the power of circus arts to change the world.

- outreach
- therapeutic circus arts

## Engage

Join the circus for an amazing evening or a whole lifetime.

- shows
- youth performance companies
- pre-professional training



## Ready to jump in?



**SANCA offers circus instruction in the following disciplines:**

- Acrobatics • Contortion • Tumbling • Trampoline • Trampo-wall • Tightwire
- Rolling Globe • Unicycle • Cyr wheel
- Static Trapeze • Lyra • Aerial Straps
- Aerial Fabric • Aerial Rope • Flying Trapeze
- German wheel • Chinese pole
- Juggling • Poi • Clown

# *Circus is the Home of the Spectacular*

## *We dream of a world*

in which all people share in an inspired and thriving community transformed by world-class instruction, performance, and play.

## *We know in our bodies*

that every body can benefit from the joys of circus. We are unbounded in our imagination and unbridled in our passion to explore the fullest capacities of the human body and spirit.

## *We know in our minds*

that lives can be forever changed by a single moment of inspiration. We nurture a broad spectrum of creative expression from clownish hilarity to acrobatic virtuosity.

## *We know in our hearts*

that circus arts provide vital pathways to personal and collective empowerment. We cultivate the spectacular in unexpected places, dissolve perceived differences, and celebrate our collective strength.

***Circus is for Every Body!***



# SEATTLE'S NONPROFIT CIRCUS

A photograph of two jugglers performing on stage. The juggler in the foreground is wearing a purple hat and a dark, patterned sweater. The juggler in the background is wearing a yellow and black striped shirt and orange pants. They are both barefoot. Several white juggling pins are in the air, with one being caught by the foreground juggler's hand. The background is a gradient of red and blue.

SANCA's mission is to improve the mental, emotional, and physical health of children of all ages, backgrounds, and abilities by engaging them in the joyous creativity of acrobatics and circus arts.

We reach youth and communities with the least access and opportunity to participate in healthy and creative physical activities and arts.

Tax-deductible contributions make it possible for SANCA's programs to continue meeting the needs of our community.

You can make a contribution today at  
[www.sancaseattle.org/support/give-today](http://www.sancaseattle.org/support/give-today)  
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